



Heinz's column

"We make a living by what we get, but we make a life by what we give."

Winston Churchill



Giving back to your community is one of the most satisfying things in life. Giving back can take the form of a donation or bequest to the local community foundation or it can mean giving your time as a volunteer to help run community activities.

We discussed this recently at the Foundation's beginning-of-year forum when around thirty directors and committee members, past and present, came together for a morning to contribute ideas, determine priorities and chart a path forward for the Foundation's next chapter of growth and evolution.

The group confirmed that what we do is: encourage donations, bequests and fund raising (money in), carefully invest these funds in a permanent trust (money managed) and then each year we distribute the investment income as grants for community projects (money out).

In addition to donors, a key group of our supporters within the community are the Buderim Foundation's Ambassadors. Some of our Ambassadors are donors and many others are the volunteers who offer their time and talent to help us run the Foundation. This can include organising events, or spreading the 'word' amongst their friends and acquaintances. The message is it's good to give back to Buderim through the Foundation.

Heinz Seeberg

Chair, Buderim Foundation

Planning for the future

On 4th February approximately 30 people took part in a planning session to review and update the Foundation's key strategies and objectives. Those present were inspired by talks from ambassadors Ellen de Chastel and Ros Bull, as well as guest speaker Andrew Pentland, Director of Development and Philanthropy at the University of Queensland who shared anecdotes of his many years of fundraising for worthwhile causes.

The formal presentations were followed by an open discussion expertly facilitated by Rebecca Ramsay. Many new ideas were forthcoming on three major topics - raising awareness, engaging with the community and developing the corpus. The general consensus was that the forum was a worthwhile exercise providing the Foundation with sound strategic direction for the future.



(l-r) Ros Bull, Andrew Pentland and Ellen de Chastel



Forum facilitator Rebecca Ramsay (front) with (l-r) Phil Illingworth, Marg Thursby, Alex Sweet and Simon Whittle.

Youth Summit

More than 20 young people gave up precious time during the last week of the summer school holidays to attend Buderim's first-ever Youth in Philanthropy Summit.

The Summit organised by the Foundation's Youth Committee and held at the University of the Sunshine Coast, involved primary, middle school and Year 12 students from schools in the 4556 post code area.

Coordinator Gary Davis said, "Many young people know all about donating to good causes like cancer research or wildlife conservation but they don't realise that philanthropic help is needed in their own local community. The summit was designed to show them they can make good things happen close to home."

The Summit, facilitated by David Larkin, fondly known as Chappy Dave, of Buderim Mountain State School, involved a Q&A session with community leaders from Fusion, Sunny Kids and the Smith Family before students broke into small groups to develop their own ideas for worthwhile community projects.

The fresh ideas kept coming...

- The Year 6 Girls group opted for a School Pyjama Day... all those wearing pjs to school would donate to the Pyjama Foundation!
- The Year 6 Boys wanted Footy Days (of course they did!)... the idea being that they would contact professional teams for donations to use as prizes during lunchtime football activities/competitions. The entry fees collected would be donated to SunnyKids.



Youth Committee Chair Graham Tamblyn with Gary Davis and Liz Toohey.

- The Middle School Group wanted to donate their time to hospital visits where they would play with and help teach sick kids. This project is actually underway and students are currently being trained.
 - The Year 12 Students plan to work with the younger students in their school, explaining the benefits of giving, what they can do and how they can help. The plan is for this project to create artwork for children's hospital wards and get-well cards.
 - The older students wanted a 'sleeping rough night' at school. Students would pay to enter a night of no luxuries... rice for dinner, an extra donation for a pillow and blanket, and no mobile phones!! Funds raised would go to The Shack Community Centre, Nambour.
 - The older group will also continue fundraising for Relay for Life. They plan to increase participation, involvement and fun!!
- The teams will meet again later in the year to further develop, and report on, their projects.



Students from Matthew Flinders Anglican College, Sienna Catholic College, Chancellor State College and Sunshine Coast Grammar with presenters and organisers of the Youth in Philanthropy Summit.

The community is benefiting

Many Ambassadors commented on the fact that four of the good news stories in the 2nd February edition of the Buderim Chronicle had been funded by Foundation grants.

The stories featured the very positive results of the Hear and Say School Screening Program which received \$11,000 over the past two years; the launch of Adventure with Dementia funded by a \$6,320 grant in 2016; the Buderim Male Choir who are enjoying their new sheet music thanks to a grant of \$1,200; and the Buderim Rebels Hockey Club who received \$2,993 in 2016 for Hookin2Hockey Junior Equipment.

It was good to see that Foundation funding was given credit in each of these Chronicle stories.

Adventure with Dementia

Adventure with Dementia was launched in Buderim on 24th January. The Program, a joint venture involving Alzheimer's Australia (Qld) and Bromilow Home Support Services, was initially funded by a 2016 Foundation grant of \$6,320.

According to Alzheimer's Australia (Qld) Board member (and former Buderim Foundation Director) Swain Roberts, Adventure with Dementia's core focus is to support and encourage active lifestyles for people with younger onset dementia.



"It's the first program of its kind on the Sunshine Coast targeting dementia sufferers under the age of 65 who are fit, active and wanting to participate in activities such as bush walking, ten pin bowling and surfing," he said. "As well as keeping participants physically and mentally active, it will also provide some down time for carers."

The group will meet every month in Buderim supported by dementia trained care staff. For more information, contact Bromilow Home Support Services on 5445 5676 or visit www.adventurewithdementia.org.au

Maroochydore SES

Recently Maroochydore State Emergency Services emailed through several photos relating to one of their two Foundation grants. In 2015 they received \$1,430 to purchase tablets to improve response times and support during disasters. According to Maroochydore SES Officer Don Patterson the equipment is proving very valuable in training, and volunteers' response times have improved in the field.



Buderim Male Choir

Established over 40 years ago, the Buderim Male Choir now boasts members from all over the Sunshine Coast. In early February they received new music thanks to a 2016 grant of \$1,200. It's a case of what goes around, comes around.

The Foundation provided the grant which keeps the choir vibrant, and as a result the Choir has been able to donate \$5,500 to local charities and \$2,000 to the Nepal Earthquake Disaster Fund.



Keeping memories alive

A number of friends of the late David Edwards, who died in December last year, have come together to ensure he is not forgotten. Thanks to their joint donation, David's story has been written and posted on the Foundation's Gifts in Memory webpage. A number of years ago David donated a Gift in Memory to commemorate his parents, Dorothy and Bert Edwards who moved to Buderim in 1949 and so, for the first time, the interesting stories of two generations of the one long-term Buderim family are there for all to read.

The Foundation will be forever grateful to David for his support and his generous donations of beautiful wine for events and raffles. In addition to that, David's family has recently informed us that the Foundation will be a beneficiary of his will.

A Gifts in Memory story has also been written to celebrate the fascinating life of the late Roberta (Bobbie) Taylor who was, until recently, a resident of Fielding Street. Bobbie grew up in country Victoria. During the war she joined the WRANS and was posted to a top-secret code breaking unit of a joint US Navy/Australian operation. After the war she enrolled at Melbourne University, graduating in 1949; she married and went to live in an isolated mining camp in Uganda before travelling the world with her engineer husband. On retirement in 1985 they moved to New Zealand and then to Buderim in 1994 where she lived for the rest of her life.

The Gifts in Memory webpage ensures wonderful Buderim residents such as Bobby are not forgotten and we are grateful to the families who take the time to tell their stories.

As the GIM web page states "The past has a bearing on what Buderim is today."



Upcoming events

Sunday 23 April - Volunteer Thank you.
Come and enjoy afternoon tea /drinks and nibbles in the Cafe Buderim Courtyard

Sunday 21 May - Ambassador Sunday Lunch
in the Buderim Tavern

Friday 9 June - Happy Hour at Bloomhill
Cancer Care

Australia Day

Once again Foundation Ambassadors proudly marched down Burnett Street on Australia Day. The sun shone (yes, it was hot!), the bands played and the crowd cheered. A very worthwhile morning walk!



Contact us

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