



SUMMER NEWSLETTER DECEMBER 2022 - ISSUE 45

Building a stronger community by harnessing the power of giving



#### A Message from our Chair

Welcome to the last issue of our Newsletter for the year, and to my first as Chair of the Foundation. Former Chair Russell Stitz stood down at the Foundation's Annual General Meeting in September after five years of service. Tributes



to Russell and other retiring Board members are included later in this issue.

2022 has been another successful year for the Foundation. Community Grants of just under \$60,000 were awarded to 14 local organisations in September, while our Thompson Fund Grants have been distributed on a rolling schedule this year. Grants of \$146,950 have been made to six organisations supporting people in need, as well as \$6,000 for grants to individuals recommended by the Scripture Union school chaplains. It was pleasing that Queensland's Office of Fair Trading granted approval in June for donations to be able to be made to the Thompson Trust. The Foundation again coordinated the distribution of Back to School vouchers at the start of the year, with 600 vouchers worth \$50 each being distributed to local schools and organisations.

Another highlight this year has been the establishment of a Foundation office in the Old Post Office, co-located with the BWMCA. Work is continuing to leverage opportunities for both organisations to work together for the benefit of the Buderim community.

Two major events were held this year: the Queen's Platinum Jubilee Celebration in June and the Colours of Buderim Spring Fashion Parade in October. Both events, as well as being very enjoyable, were successful fundraisers for the Foundation. Two breakfast functions were also held, as well as regular Ambassador Morning Teas and Happy Hours. A family-focussed event, Sausages in the Sanctuary, was held in July. The Foundation had stalls at the Buderim Easter and Christmas Fairs, successful fundraisers but also opportunities to raise awareness of the Foundation.

I'd like to acknowledge the importance of our donors. It is their generosity that allows the Foundation to grow its funds and then distribute the income from those funds back to worthy, local organisations that enhance and strengthen our community.

With only one paid employee, most of the Foundation's work is done by volunteers: those who serve on our various committees, who help at our functions or who provide expertise for projects. Without our volunteers, the Foundation couldn't operate, and I thank them for their ongoing support.

Lastly, our three major sponsors: Buderim Pharmacy, Edenlea on Buderim, and Sunshine Toyota. Their continued financial support, covering much of the Foundation's operating costs, ensures that donations and bequests are used as intended, not on administration costs.

I wish everyone a peaceful and happy Christmas and New Year.

Rod McKinnon - Chair, Buderim Foundation

# **COMMUNITY GRANT SUCCESSES**

#### Wishlist

Wishlist is a not-for-profit organisation dedicated to supporting the growing health needs of patients and families on the Sunshine Coast. Since 1998, Wishlist has raised and directed more than \$20 million towards the Coast's local health system, providing essential medical equipment and support services.

In 2021, Wishlist received a \$10,000 Buderim Foundation Community Grant for the purchase of two Smileyscopes, goggles that provide a virtual reality experience for youngsters undergoing procedures in hospital. Bianca Keegan, Communications & Media Manager said the Smileyscopes provide a



Development & Operations Manager Jeff McColl with Smileyscope

more positive healthcare experience for young patients and can reduce the need for sedation.

Bianca mentioned in particular the case of 11 year old Lilly Pyke who, after being diagnosed with Crohn's disease, had to be fed through a tube for 10 weeks as part of her treatment. At the 8 week point, Lilly had to be taken to the Emergency Department of the Sunshine Coast University Hospital after her feeding tube suddenly ruptured. Clinical Nurse Consultant Rebecca (Becky) Halsall and her team, using a Smileyscope, were able to distract and calm Lilly while they reinserted a new feeding tube. No sedation was needed and Lilly was able to undergo the procedure while awake, quite a tribute to Lilly and the technology.

"The Sunshine Coast University Hospital was the first Queensland hospital using this type of equipment in an emergency setting, and it's all thanks to a Buderim Foundation grant to Wishlist," Bianca said.



Patrick Pyke, Lilly Pyke and Clinical Nurse Consultant Becky Halsall

# THOMPSON FUND GRANT SUCCESSES

# Coast2Bay RISE Program

Coast2Bay is a not-for-profit community organisation that has over 30 years' experience in providing affordable housing solutions for individuals and families across the Sunshine Coast and surrounding areas. The organisation received a \$40,000 Thompson Fund Grant in June to support its work through the Restart In a Safe Environment (RISE) program.

Created in 2017, the RISE program offers customised support to help local women and children, survivors of domestic and family violence, to rebuild their lives whilst living in purpose-built, secure homes and receiving customised counselling and support services. This coordinated approach enables them to start over and transition into living safely in their local communities. The program provides homes for up to 20 families impacted by domestic violence each year.

Jess Knott, Development Manager at Coast2Bay said that their team recently tenanted four new RISE homes on the Sunshine Coast.

"All of the tenants were women with very young children, coming directly from an emergency shelter environment. Having these homes setup with everything they need, including furniture, appliances, kitchenware and even cot and high chair for babies means the world. Coast2Bay and our tenants are incredibly thankful to the Thompson Fund for contributing to this life-changing program," Jess said.

# RISE Team Jess Knott, Rebecca Grisman, Charlotte Buckley, Emily Latham RISE home lounge

# **Gateway Care**

Gateway Care is a not-for-profit organisation that provides discounted food and other products to those in need on the Sunshine Coast at its mini supermarket at Caloundra. Food items are sourced from multiple suppliers, including Foodbank Qld, SecondBite and local Woolworths, Coles and Aldi supermarkets and sold at discounted prices or made available for free.

Gateway Care received a Thompson Fund Grant of \$5,000 this year for the purchase of 100 hand baskets and 20 trolleys to cater for increased demands and to replace those that had been damaged or lost at its Food Centre.

Tom Lew, founder and one of the directors of Gateway

Care, said that between 40 to 50 families per week are registering for membership of the Food Centre, with 1,600 families using the service each week. These members are served by 12 partly paid staff and 40+ volunteers.

"We focus on sustainability in our operations, and the values of kindness and respect for our members. It's a hand up, not a hand out," Tom said.



Pam Uren and Tom Lew with the shopping baskets and trolleys

Tom hopes to expand Gateway Care's operations to become the Foodbank centre for the Sunshine Coast. Given the achievements of Tom and his team to date, that seems a realistic goal. It's pleasing that a small grant for shopping baskets and trolleys can help so many people.



Gateway Care mini supermarket

# THOMPSON FUND GRANT SUCCESSES

# **Lily House**

Established in 2008, Lily House provides supported accommodation for women in crisis. In April this year, Lily House was gifted its "forever home" and land in Woombye, providing a permanent, safe location for young pregnant or homeless women, mothers fleeing domestic violence, women recovering from substance abuse or women seeking reunification with their children.

Business Manager Jo Higgins said that the women accepted into the home are required to undertake a six month program of counselling and training to prepare them to transition back into the community. The home currently has five women in residence, some with babies and young children.

"We teach the women life skills such as budgeting, personal relationships, nutrition, cooking, sewing and hygiene. We're planning to introduce some physical education classes soon," Jo said.

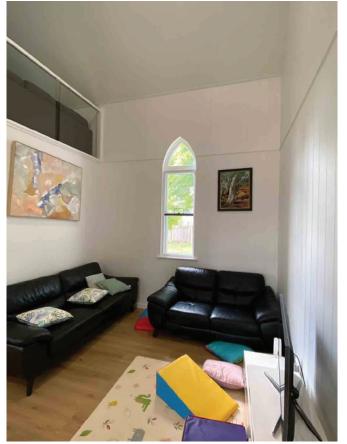
The Thompson Fund Grant of \$20,000 this year has enabled Lily House to complete the fitout of its home, e.g. installing security cameras, gates and lighting, fly screens, outdoor furniture and garden equipment. With a volunteer-only workforce, Jo said how grateful the team at Lily House has been for the grant that's enabled them to complete such an important project.



Kitchen



Children's play area



Lounge room

# **COMMUNITY EVENTS**

#### **Foundation Breakfast**

More than 60 Foundation Ambassadors and friends enjoyed a fascinating breakfast at the Headland Golf Club with guest speaker Leonie Barnes in October. A leading specialist in the field of humanitarian landmine action, Leonie's topic was "M.I.N.E.D the Gap. If life is a minefield, what happens when real deminers do life?"

Leonie described her 20 years' experience as a civilian peacekeeper with the United Nations, including service with Peacekeeping Missions in Sudan, Kosovo, Ethiopia, Ukraine and other countries. She still consults internationally in specialised risk management, humanitarian mine action, and emergency response work with the World Health Organisation.

Leonie explained the principles of clearing landmines safely. Earlier in her career, she developed the M.I.N.E.D. concept as a training tool that is still used today: M - movement stops immediately; I - inform and warn others; N - note the area; E - evaluate course of action; D - Decide what to do.

Calling landmines "sleeping sentinels of death", she described the clearing process as being "99% gardening, 1% fear". She noted the risk of landmines for children and young people because of their appearance, often brightly-coloured or of interesting shapes. She also stressed the importance of language in the treatment of those impacted by landmines, using words like "survivors" rather than "victims".

It was both an interesting and sobering start to the day: a presentation by an inspiring speaker with a delicious breakfast served by the friendly staff at the Golf Club.



Leonie Barnes, Carol Yeates



Santina Cook, Cheryl Ryan



Sunshine Coast Dragons Abreast



Laurie Dicker, Marjie White, Jenni Campbell, John Kleinschmidt

# **COMMUNITY EVENTS**

# Colours of Buderim Spring Fashion Parade

The much-anticipated Buderim Foundation fashion parade was held in mid-October at the Buderim War Memorial Hall. More than 120 guests enjoyed an extensive parade of stylish fashion from local boutiques.

With a theme of Spring Carnival, guests were welcomed into the Hall through a flowered archway. Inside, tables were decorated with brightly-painted horse head cutouts. The runway itself was festooned with colourful rosettes. Paris Ramsay and Imogen Atkins, dressed in jockey silks, wandered from table to table selling raffle tickets. The bar was kept busy serving champagne and other drinks. Each table boasted an ornately-decorated cake along with savoury snacks.

Introduced by "race callers" Kennedy Fox and Kerryl Johnson, male and female models showed off a range of beautiful clothing from Onyx Poppy, Curly's Menswear, Lulu Boutique, Yellow Oak, Sedgwicks and Sandy Aslett Milliner. Women's outfits ranged from light summer clothing to elegant evening wear, while the men's clothing tended to more casual styles. A particular highlight, apart from the quality and variety of the outfits themselves, was the theatrics of a couple of the male models.

Local businesses generously donated more than 20 raffle and lucky door prizes, ensuring that many guests left the parade very happy with their luck.

The parade was a major fundraiser for the Buderim Foundation with \$7,500 profit from the day. The parade was also designed to support local boutiques and other businesses.



Val Dreghorn, Sally Caddy, Carolyn Cook



MCs Kennedy Fox and Kerryl Johnson



Ros O'Brien, Brenda Devers, Kahlee, Lena and Anne Hertel

# **COMMUNITY EVENTS**



Michele O'Flanagan (Onyx Poppy) Suzie William (Onyx Poppy) Renee Malmborg (Lulu Boutique)



Imogen Atkins and Paris Ramsay



Jan Nelson, Denise Hutchinson, Marg Thursby, John Devers



Barmen Ron, Geoffrey and Dave



Kerryl Johnson and Sandy Aslett

# **CHRISTMAS ACTIVITIES**

# **Buderim Christmas Fair**

The Foundation's stall at the Buderim Christmas Fair looked a little like a Christmas wonderland with garlands, trees, decorations and a large festive hamper to raffle. Tables were full of delicious Christmas treats such as shortbread, slices, biscuits, rocky road, caramels and Christmas puddings and cakes as well as chutneys, relishes and sauces. Actually the amount of shortbread available for sale may have set a new record for a Buderim fair! And all of it sold to very happy customers.

The Fair, a fundraiser for the Foundation, made over \$2,000. A big thankyou to everyone who contributed

to the success of the day: the Events Committee and other volunteers who made the Christmas treats, staffed the stall, sold raffle tickets and helped with the set-up and take-down. It was a wonderful opportunity to engage with our local community in a festive environment.





Deb Beilby, Jan Huth, Sandra Jeffries, Ros O'Brien





# **CHRISTMAS FESTIVITIES**

# **Christmas Happy Hour**

The Foundation's Christmas Happy Hour went off with a bang, courtesy of the stamping feet of Spanish dancers. Arte Flamenco entertained more than 80 Ambassadors and friends at St. Mark's Anglican Church Hall on a windy evening in December. Josh the Paella Fella served up delicious, filling meals, while bar staff were kept busy serving sangria and other drinks.

The last Happy Hour of the year is always an opportunity to review and celebrate the Foundation's achievements and Sandra Jeffries gave a brief update of the year's highlights.

If the success of a function can be measured partly by the reluctance of guests to leave, this was certainly a successful function. Thanks to the Events Committee and other helpers for such a wonderful evening.



Josh the Paella Fella with Graham Tamblyn and Sue Gardner



Suki and Coco Fidler with Anne Stitz and Anne Hertel





# DATE CLAIMER - NOT TO BE MISSED

# An original Aussie Drover with a tale to tell

We're looking forward to meeting an outback Aussie icon in February next year. From starting work as a 13 year old on a Northern Territory cattle property to becoming Chief Executive of the Stockman's Hall of Fame in his seventies, Roger Steele has led an amazing life. He'll share all of his droving tales with us, including the challenges of droving cattle for thousands of kilometres in often hazardous conditions. Roger worked his way up from ringer, drover, camp cook, head stockman, to station manager over almost twenty years in the outback, a time he considers the most fulfilling and memorable of his life.



Date: Friday 3 February, 4.30pm at the Buderim War Memorial Hall for what promises to be a fascinating evening. To purchase tickets: call Susi on 0474 220 895 or email: info@buderimfoundation.org.au or book online here: https://www.trybooking.com/CEVQZ

# **PROFILES**

As part of a regular cycle of renewal, the Foundation made a couple of changes to the Board at the Annual General Meeting in late September. Rod McKinnon has taken on the role of Chair of the Foundation, and a new Director, Anna Owen, has been appointed to the Board.

#### Rod McKinnon

Born in Brisbane, Rod moved to Buderim on his retirement in 2003. In his professional life, he spent 31 years in the Australian Defence Force in a range of appointments in Australia and overseas. movina through the ranks from 2nd Lieutenant to Colonel.



Rod saw active service in South Vietnam and served in Papua New Guinea, the United Kingdom, and the United States. He was awarded the United States Army Meritorious Medal for his work while seconded to the US Army.

Rod left the Australian Defence Force in 1996 to take up the position of Director of Planning and Operations at Emergency Management Australia in Canberra. He held this position until his retirement in October 2003. For his work at Emergency Management Australia, he was awarded the Emergency Services Medal (ESM) in the 2000 Queen's Birthday Honours List.

Since moving to Buderim, Rod has been involved in the community through the BWMCA's Anzac and Remembrance Day Sub-Committees (which he chaired for seven years), the BWMCA's Executive Committee and the Buderim Foundation. He was appointed as one of the six Members of the Foundation in 2013, a position he relinquished recently to take on the role of Chair of the Foundation.

Rod has a degree in Civil Engineering and is a Fellow of Engineers Australia. He's also a keen golfer.

#### Anna Owen

Anna is a fairly new arrival to Buderim, having come in late December 2021 to take up the position of Principal at Sunshine Coast Grammar School. Before that, Anna been Principal at Canberra Girls Grammar School, and earlier Deputy at Brisbane Girls Grammar.



Anna has extensive experience working on not-for-profit boards, experience that she hopes will be of benefit to the Foundation.

Anna has a Bachelor of Science from The University of Queensland, a Masters of Science and is currently completing a Master of Business Administration. She also undertook an intensive management course at Stanford University and the Directors Course at AICD.

Anna has been published several times, including in journals and op-eds. She has also been awarded for her teaching, her leadership and more recently her innovative approach, voted in the Australian Educator's Hot List for 2021.

She is a mother to Archie (21) and Rory (18) and married to James Owen. The family are delighted to have moved closer to family, and are enjoying the many outdoor activities associated with a coastal existence.

# A BIG THANK YOU

Some of our longstanding Board members have now retired. The snapshots below acknowledge the wonderful contributions our retiring members have made over a number of years.

#### **Russell Stitz**

Russell became Chair of the Foundation in late 2017.

Since then, the Foundation has undergone significant change, growing to be the sixth largest community foundation in Australia. This growth is largely



attributable to the generosity of Roy and Nola Thompson in entrusting the Foundation with their Charitable Trust. Their philanthropy has enabled the Foundation to extend its work beyond Buderim to the broader Sunshine Coast and to a different category of grant recipients.

With an eye to the future, Russell has guided and encouraged the Board and its committees to explore and seize opportunities, always with a steady, collaborative approach. His vision has been instrumental in enabling the Foundation to move to a new level of engagement with the community.

#### Simon Whittle

Simon has a long history with the Foundation, having been one of the original Board members in 2003.

He held various positions on the Foundation's committees, particularly as Chair of the Philanthropy Committee and



a member of the Marketing Committee, and recently as a member of the BWMCA/Buderim Foundation Working Party.

Simon will remain a member of the Philanthropy Committee for a time and no doubt continue to contribute to endeavours that promote the wellbeing of the Buderim community.

Simon's philanthropic nature and commitment have been invaluable assets to the Foundation over his many years of involvement.

# **Graham Tamblyn**

Graham was a Board member for nine years and served on a number of the Foundation's committees. He was Deputy Chair and Public Officer for the Board, Chair of the Youth Committee and a member of the Investment Committee, Governance



and Risk Committee, Finance Committee and Grants Committee. His commitment and expertise have been invaluable for the Foundation.

Graham has kindly offered to remain in the role of Public Officer until a replacement is found and will continue to be involved in one or two committees as well as remaining as an Ambassador.

# Thank you!

#### PHILANTHROPIC SPIRIT

# **Sponsor Acknowledgement**

The Buderim Foundation acknowledges the longstanding generosity of our three major sponsors: Buderim Pharmacy, Edenlea on Buderim and Sunshine Toyota. These sponsors cover most of our operating expenses, enabling our Money In, Money Managed, Money Out structure. Our sincere thanks for their ongoing support.

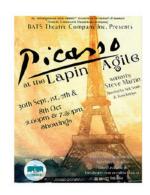


David Hawtrey, Darren Venning and Alistair Cook

# ... from little gifts big things grow!

# ... AND MORE THANKS

BATS Theatre Company has again donated the proceeds from the first night of one of their productions the Foundation. Picasso at the Lapin Agile was staged in September and many Foundation Ambassadors and friends attended the premiere.



An absurdist comedy set in 1904 and written by Steve Martin, the play featured the characters of Albert Einstein and Pablo Picasso having lengthy debates about the value of genius and talent, while interacting with a host of other interesting characters.

This is the fourth time that BATS has donated to the Foundation and we appreciate their generosity and strong community spirit.

Rod McKinnon and Alice Rea

Suggestions for newsletter items are always welcome. Please send any ideas to info@buderimfoundation.org.au



Remember to like us on Facebook and follow us on Instagram



Please share this newsletter with your family, friends or neighbours and help spread the news about the great work of the Buderim Foundation.

#### Contact us

Office Address: Old Post Office, 50 Burnett Street, Buderim 4556 Postal Address: Buderim Foundation - PO Box 1408, Buderim 4556 Email: info@buderimfoundation.org.au Website: www.buderimfoundation.org.au

Buderim Foundation is proudly sponsored by





Sunshine Toyota



proudly supported by the Sunshine Coast Council's Community Partnership Funding Program



# PERSONAL FOLLOW UP

As we reported in our last issue, Foundation Ambassador Henry Evans competed in the Special Olympics in Launceston in October. Special Olympics Australia is part of a global sporting community for people with

intellectual disabilities. Henry did very well, winning a First in the 4 x 50m Freestyle Relay, a Second in the 100m Backstroke, a Third in the 200m Backstroke and a Fifth in the 100m Freestyle.

Congratulations. Henry.



# **2023 DIARY DATES**

#### **February**

Friday 3 February 4.30pm An Old Drover with a Tale to Tell (special interest event not to be missed) **Buderim War Memorial Hall** 

Friday 24 March 5.00pm Happy Hour

Friday 16 June 5.00pm Happy Hour